

2019 INCOME ELIGIBILITY CHART

Gross Income Family Size	100%	130%	133%	175%	185%	200%
1	\$12,490	\$16,237	\$16,612	\$21,858	\$23,107	\$24,980
2	\$16,910	\$21,983	\$22,491	\$29,593	\$31,284	\$33,820
3	\$21,330	\$27,729	\$28,369	\$37,328	\$39,461	\$42,660
4	\$25,750	\$33,475	\$34,248	\$45,063	\$47,638	\$51,500
5	\$30,170	\$39,221	\$40,127	\$52,798	\$55,815	\$60,340
6	\$34,590	\$44,967	\$46,005	\$60,533	\$63,992	\$69,180
7	\$39,010	\$50,713	\$51,884	\$68,268	\$72,169	\$78,020
8	\$43,430	\$56,459	\$57,762	\$76,003	\$80,346	\$86,860
For Each Additional Family Member Add:	\$4,420	\$5,746	\$5,879	\$7,735	\$8,177	\$8,840
						Effective 2/1/19



Administrative Office

418 S. Marion St.
 Remsen, IA 51050
 800.859.2025 * 712.786.2001
 Fax: 712.786.3250
 www.midsioux.org
 Hearing Impaired call 711

OUTREACH OFFICES

Cherokee County

921 S. 2nd St.
 Cherokee, IA 51012
 712.225.3322
 Mon. Wed. & Fri., 8am-4:30pm

Ida County

Court House—401 Moorehead
 Ida Grove, IA 51445
 712.364.2175
 Thurs. 9am-4pm

Lyon County

302 S. Lincoln
 Rock Rapids, IA 51246
 712.472.3746
 Wed. 9am-4pm

Plymouth County

180 10th St. SE Box 1
 Le Mars, IA 51031
 712.546.6603
 Tues. Thurs. 9am-4pm

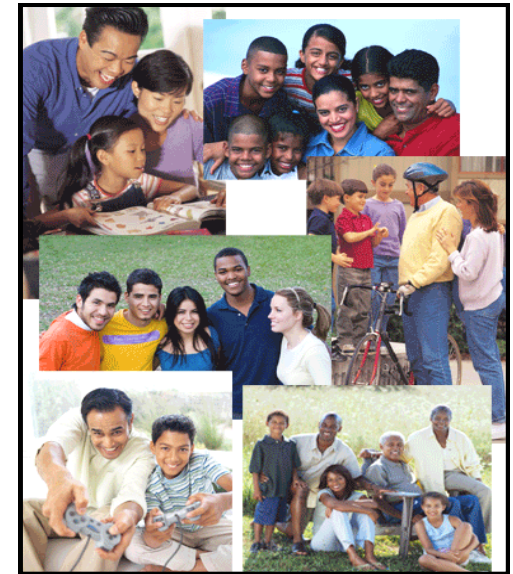
Sioux County

618 14th St. NE, Suite 10
 Sioux Center, IA 51250
 712.722.3611
 Mon. Tues. Thurs. & Fri., 8am-4:30pm

Mid-Sioux Opportunity, Inc.



Helping People. Changing Lives.



An Equal Opportunity Employer

Children & Families

CCR&R provides resources, education and advocacy to support quality child care.



CACFP is a USDA Child Nutrition Program designed to reimburse providers for nutritious meals served to children or adults in a child care environment.



FaDSS is a voluntary program that provides in-home support to families in order for them to gain independence from public assistance.



Head Start is a FREE preschool for children ages 3 & 4. It provides children with activities that help them grow mentally, socially, emotionally & physically.



Early Head Start is a FREE federally funded program designed to serve expectant families and families with children birth to three.



Child Development Center offers FREE child development program similar to Head Start for children ages 3-4 in Hawarden.



Community Services

Outreach Services

Application Center for Mid-Sioux Programs.

Information Center for referrals to other community services.

Emergency Food Pantries provide a 3 day supply of food and household products. Available in Sioux & Cherokee counties only.

Food for Life provides packages of frozen meat donated by local livestock producers.

Holiday Food provides special meals during the holiday season.

Holiday Families provides assistance to families with Christmas gifts. **Back-to-School** provides assistance to families with school supplies.

All services listed are not available at each location.

All services are income-based.

Please contact your local Outreach office for more information.

To learn more about Mid-Sioux's programs, visit our website at:

www.midsioux.org

Health & Nutrition

Women, Infants & Children is a Special Supplemental Nutrition Program for women, infants, and children under the age of 5. WIC helps families by providing healthy foods, nutrition education, and referrals to other health care agencies.



Child Health Program provides financial assistance for uninsured or under-insured children needing medical & dental care.

Maternal Health encourages early, regular & comprehensive prenatal health care to improve the chances of having a healthy baby.



Hawki is a program for uninsured children that provides no-cost or low-cost health care coverage to children in working families.



I-Smile is designed to ensure dental access to all children regardless of insurance coverage.



Energy Services

Crisis Funds pay a portion of rent, utilities, food & other bills to help families out in a crisis situation.

Low-Income Home Energy Assistance assists families with heating costs by paying a portion of their utility bill. It is not intended to pay a household's total energy costs.



Weatherization makes energy efficient repairs to homes by providing comfort while saving on utility costs.