



Mid-Sioux
OPPORTUNITY, INC.

A Community Action Agency

Helping People. Changing Lives.

February 2025

Dashboard



midsioux.org



800-859-2025



info@midsioux.org



418 S Marion St
Remsen, IA 51050

Child Care Resource & Referral

Serving 23 Counties in Northwest Iowa

Program Year: July 1, 2024 to June 30, 2025



Child Care Businesses



The available child care businesses compared to beginning of the year:

633

Child Development Application

The number of home-based child care applications submitted to Health & Human Services:



13

Annual Goal: 16

Professional Development

39 Trainings Offered to Providers

697 Participants Completed Training

Annual Goal of Participants: 900

Child Care Spaces

Available child care spaces:

22,373

Spaces available beginning of the year: 22,425

Iowa Quality for Kids Applications

Number of IQ4K® Applications submitted to Health & Human Services:

37

Annual Goal: 40

Child Care Nurse Consultant

Child care businesses receiving CCNC Services:

39%

State Goal: 37%



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Family Development and Self-Sufficiency

Serving 5 Counties in Northwest Iowa

Program Year: July 1, 2024 to June 30, 2025



FaDSS

The number of Family Development and Self-Sufficiency contacts with families year-to-date:

928

Last Fiscal Year:
1,635

Increased Income

The percent of families with an increased income at time of exit from the program:

47%

Statewide Target: **50%**

Families Served

The number of families served:

53

Last Fiscal Year: **66**



Access Treatment

100%

The percent of exited families the FaDSS Specialists helped access treatment for mental health due to an adult in the household having substantiated mental health issues.

Statewide Target: **90%**

Work Preparedness

Families involved in at least one activity designed to increase work preparedness skills:

93%

Statewide Target: **70%**



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Administrative Services

Serving 99 Counties in Iowa

Program Year: October 1, 2024 to September 30, 2025

Grants Received

The number of grants received year-to-date:



30

Last Fiscal Year: **47**

Open Positions

The number of openings based on 133 total positions:

4



Mid-Sioux Current Budget

\$17,948,733

Mid-Sioux FY24
Annual Budget:

\$14,392,929

Employee Health Plan

167

Out of 122 eligible employees, 72 employees and 95 dependents utilize health insurance services.

Previous Month Enrollment:

164



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Energy Services

Serving 5 Counties in Northwest Iowa

Program Year: October 1, 2024 to September 30, 2025



Crisis Programs



Number of approved applications to assist with utility bills:

65

Last Fiscal Year:

463

Crisis Programs

Number of approved applications to assist with rent:

25

Last Fiscal Year: **127**

Weatherization

Number of completed weatherized homes:

8

2025 Goal: **28**

LiHEAP for Homes

Number of approved applications:

1,291

2025 Goal: **1,964**

LiHEAP Vendors

Funding paid to vendors for fuel assistance:



\$594,880

Last Fiscal Year: **972,637**



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Head Start, Early Head Start & Child Development Center

Serving 5 Counties in Northwest Iowa
Program Year: March 1, 2024 to February 28, 2025



Enrollment

All programs strive to maintain full enrollment:

174 of 175 Head Start Slots

72 of 72 Early Head Start Slots

16 of 16 Child Development Center Slots

Child & Adult Care Food Program

Meals and snacks served:

3,043 breakfasts

3,155 lunches

1,499 snacks

Total income received this month:

\$23,885

Enrollment

The Office of Head Start Full Enrollment Initiative goal: **97%**

Head Start	Early Head Start
99%	100%

Attendance

Monthly attendance goal is \geq 85%:

83%

Head Start

90%

Child Development Center

76%

Early Head Start



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Outreach Services

Serving 5 Counties in Northwest Iowa

Program Year: October 1, 2024 to September 30, 2025



Food Distributed

Number of food packages distributed through food pantries:

947

Last Fiscal Year: **2,739**

Individuals Served

The number of individuals served year-to-date:

1,302

Last Fiscal Year: **8,724**

Donated Food

Pounds of donated food received year-to-date:

29,613

Last Fiscal Year: **90,698**

Families Served

The number of families served year-to-date:

559

Last Fiscal Year: **3,291**

Mid-Sioux Special Projects

Individuals served:



Holiday Families

902



Holiday Food

314



Back-to-School

0



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Women, Infants and Children Maternal Health

Serving 10 Counties in Northwest Iowa

Program Year: October 1, 2024 to September 30, 2025



WIC

Current monthly participation:

2,975

Monthly Average Last Year: **2,950**

Maternal Health

Percent of clients with Dental
Care Coordination:

Requirement:

60%

100%



WIC Benefits

Percent of participants with
benefits compared to the
state:

94.12%

State 92.34%

Breastfeeding

Percent of infants
ever breastfed :

71%

State: **69%**



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Child Care Collaborative of Iowa

Serving 99 Counties in Iowa

Program Year: July 1, 2024 to June 30, 2025



Coaching by Counties

Number of counties that have at least one program receiving coaching:

93

Financial Assistance

Technical Assistance visits:

5,326

Annual Goal: **16,000**

Home Coaching Participants

Number of Child Development Homes (CDH) participating in coaching:

66

Total CDH Programs: **1,917**

Participation: **13%**

Technology Grants



\$97,276.30

out of

\$100,000

has been paid for technology grant incentives.

Center Coaching Participants

110

Number of Centers participating in coaching:

Participation: **22%**

Total Center Programs: **1,504**