



Mid-Sioux OPPORTUNITY, INC.

A Community Action Agency

Helping People. Changing Lives.

March 2026

Dashboard



midsioux.org



800-859-2025



info@midsioux.org



418 S Marion St
Remsen, IA 51050

Child Care Resource & Referral

Serving 23 Counties in Northwest Iowa

Program Year: July 1, 2025 to June 30, 2026



Child Care Businesses



The available child care businesses compared to beginning of the year:

588

Child Development Application

The number of home-based child care applications submitted to Health & Human Services:



18

Annual Goal: **16**

Professional Development

39 Trainings Offered to Providers

1,087 Participants Completed Training

Annual Goal of Participants: **900**

Child Care Spaces

Available child care spaces:

21,630

Spaces available beginning of the year: **22,202**

Iowa Quality for Kids Applications

Number of IQ4K® Applications submitted to Health & Human Services:

21

Annual Goal: **40**

Practice Based Coaching

unduplicated programs receiving coaching:

7

Annual Goal: **40**



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Family Development and Self-Sufficiency

Serving 5 Counties in Northwest Iowa

Program Year: July 1, 2025 to June 30, 2026



FaDSS

The number of Family Development and Self-Sufficiency contacts with families year-to-date:

873

Last Fiscal Year:
1,632

Increased Income

The percent of families with an increased income at time of exit from the program:

65%

Statewide Target: **50%**

Families Served

The number of families served:

60

Last Fiscal Year: **65**



Home Visits

82%

The percent of visits conducted in a families home envornment.

Statewide Target: **75%**

Work Preparedness

Families involved in at least one activity designed to increase work preparedness skills:

77%

Statewide Target: **70%**



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Administrative Services

Serving 99 Counties in Iowa

Program Year: October 1, 2025 to September 30, 2026

Grants Received

The number of grants received year-to-date:



26

Last Fiscal Year: **41**

Open Positions

The number of openings based on 136 total positions:

5



Mid-Sioux Annual Budget

\$19,509,151

Mid-Sioux FY25
Annual Budget:

\$18,544,879

Employee Health Plan

174

Out of 117 eligible employees, 76 employees and 98 dependents utilize health insurance services.

Previous Month Enrollment:

185



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Energy Services

Serving 5 Counties in Northwest Iowa

Program Year: October 1, 2025 to September 30, 2026



Crisis Programs



Number of approved applications to assist with utility bills:

93

Last Fiscal Year: **467**

Crisis Programs

Number of approved applications to assist with rent:

35

Last Fiscal Year: **126**

Weatherization

Number of completed weatherized homes:

10

2026 Goal: **18**

LiHEAP for Homes

Number of approved applications:

1,562

2026 Goal: **1,761**

LiHEAP Vendors

Funding paid to vendors for fuel assistance:



\$715,761

Last Fiscal Year: **886,000**



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Head Start, Early Head Start & Child Development Center

Serving 5 Counties in Northwest Iowa
Program Year: March 1, 2025 to February 28, 2026



Enrollment

All programs strive to maintain full enrollment:

170 of 175 Head Start Slots

70 of 72 Early Head Start Slots

16 of 16 Child Development Center Slots

Child & Adult Care Food Program

Meals and snacks served:

3,003 breakfasts

3,008 lunches

1,605 snacks

Total income received this month:

\$24,032

Enrollment

The Office of Head Start Full Enrollment Initiative goal: **97%**

Head Start

97%

Early Head Start

97%

Attendance

Monthly attendance goal is $\geq 85\%$:

87%

Head Start

89%

Child Development Center

89%

Early Head Start



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Outreach Services

Serving 5 Counties in Northwest Iowa

Program Year: October 1, 2025 to September 30, 2026



Food Distributed

Number of food packages distributed through food pantries:

1,111

Last Fiscal Year: **2,669**

Individuals Served

The number of individuals served year-to-date:

5,405

Last Fiscal Year: **7,089**

Donated Food

Pounds of donated food received year-to-date:

27,524

Last Fiscal Year: **72,524**

Families Served

The number of families served year-to-date:

2,151

Last Fiscal Year: **3,032**

Mid-Sioux Special Projects

Individuals served:



Holiday Families

852



Holiday Food

151



Back-to-School

0



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Women, Infants and Children Maternal Health

Serving 10 Counties in Northwest Iowa

Program Year: October 1, 2025 to September 30, 2026



WIC

Current monthly participation:

2,827

Monthly Average Last Year: **2,951**

Maternal Health

Percent of clients with Dental
Care Coordination:

Requirement:
60%

100%



WIC Benefits

Percent of participants with
benefits compared to the
state:

92.99%

State 90.36%

Breastfeeding

Percent of infants
ever breastfed :

71%

State: **70%**



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Child Care Collaborative of Iowa

Serving 99 Counties in Iowa

Program Year: July 1, 2025 to June 30, 2026



CHILD CARE
COLLABORATIVE
OF IOWA

Coaching by Counties

Number of counties that have at least one program receiving coaching:

97

Financial Assistance

Technical Assistance visits:

4,749

Annual Goal: **10,000**

Home Coaching Participants

Number of Child Development Homes (CDH) participating in coaching:

39

Total CDH Programs: **1,917**

Participation Goal: **13%**

Technology Grants



\$86,283.18

out of

\$126,000

has been paid for technology grant incentives.

Center Coaching Participants

Number of Centers participating in coaching:

72

Participation goal: **22%**

Total Center Programs: **1,504**