



Mid-Sioux OPPORTUNITY, INC.

A Community Action Agency

Helping People. Changing Lives.

April 2026

Dashboard



midsioux.org



800-859-2025



info@midsioux.org



418 S Marion St
Remsen, IA 51050

Child Care Resource & Referral

Serving 23 Counties in Northwest Iowa

Program Year: July 1, 2025 to June 30, 2026



Child Care Businesses



The available child care businesses compared to beginning of the year:

588

Child Development Application

The number of home-based child care applications submitted to Health & Human Services:



19

Annual Goal: 16

Professional Development

43 Trainings Offered to Providers

1,150 Participants Completed Training

Annual Goal of Participants: 900

Child Care Spaces

Available child care spaces:

21,638

Spaces available beginning of the year: 22,202

Iowa Quality for Kids Applications

Number of IQ4K® Applications submitted to Health & Human Services:

36

Annual Goal: 40

Practice Based Coaching

unduplicated programs receiving coaching:

7

Annual Goal: 40



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Family Development and Self-Sufficiency

Serving 5 Counties in Northwest Iowa

Program Year: July 1, 2025 to June 30, 2026



FaDSS

The number of Family Development and Self-Sufficiency contacts with families year-to-date:

997

Last Fiscal Year:
1,632

Increased Income

The percent of families with an increased income at time of exit from the program:

64%

Statewide Target: **50%**

Families Served

The number of families served:

61

Last Fiscal Year: **65**



Home Visits

83%

The percent of visits conducted in a families home envornment.

Statewide Target: **75%**

Work Preparedness

Families involved in at least one activity designed to increase work preparedness skills:

75%

Statewide Target: **70%**



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Administrative Services

Serving 99 Counties in Iowa

Program Year: October 1, 2025 to September 30, 2026



Grants Received

The number of grants received year-to-date:



27

Last Fiscal Year: **41**

Open Positions

The number of openings based on 136 total positions:

3

Mid-Sioux Annual Budget

\$18,898,855

Mid-Sioux FY25
Annual Budget:

\$18,544,879

Employee Health Plan

174

Out of 117 eligible employees, 76 employees and 98 dependents utilize health insurance services.

Previous Month Enrollment:

185



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Energy Services

Serving 5 Counties in Northwest Iowa

Program Year: October 1, 2025 to September 30, 2026



Crisis Programs



Number of approved applications to assist with utility bills:

116

Last Fiscal Year: **467**

Crisis Programs

Number of approved applications to assist with rent:

49

Last Fiscal Year: **126**

Weatherization

Number of completed weatherized homes:

15

2026 Goal: **18**

LiHEAP for Homes

Number of approved applications:

1,675

2026 Goal: **1,761**

LiHEAP Vendors

Funding paid to vendors for fuel assistance:



\$822,241

Last Fiscal Year: **886,000**



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Head Start, Early Head Start & Child Development Center

Serving 5 Counties in Northwest Iowa
Program Year: March 1, 2025 to February 28, 2026



Enrollment

All programs strive to maintain full enrollment:

174 of 175 Head Start Slots

71 of 72 Early Head Start Slots

16 of 16 Child Development Center Slots

Child & Adult Care Food Program

Meals and snacks served:

3,034 breakfasts

3,073 lunches

1,605 snacks

Total income received this month:

\$24,452

Enrollment

The Office of Head Start Full Enrollment Initiative goal: **97%**

Head Start
99%

Early Head Start
99%

Attendance

Monthly attendance goal is $\geq 85\%$:

91%

Head Start

93%

Child Development Center

87%

Early Head Start



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Outreach Services

Serving 5 Counties in Northwest Iowa

Program Year: October 1, 2025 to September 30, 2026



Food Distributed

Number of food packages distributed through food pantries:

1,306

Last Fiscal Year: **2,669**

Individuals Served

The number of individuals served year-to-date:

6,734

Last Fiscal Year: **7,089**

Donated Food

Pounds of donated food received year-to-date:

30,011

Last Fiscal Year: **72,524**

Families Served

The number of families served year-to-date:

2,722

Last Fiscal Year: **3,032**

Mid-Sioux Special Projects

Individuals served:



Holiday Families

852



Holiday Food

151



Back-to-School

0



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Women, Infants and Children Maternal Health

Serving 10 Counties in Northwest Iowa

Program Year: October 1, 2025 to September 30, 2026



WIC

Current monthly participation:

2,850

Monthly Average Last Year: **2,951**

Maternal Health

Percent of clients with Dental
Care Coordination:

Requirement:

60%

100%



WIC Benefits

Percent of participants with
benefits compared to the
state:

92.89%

State 90.20%

Breastfeeding

Percent of infants
ever breastfed :

71%

State: **71%**



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Child Care Collaborative of Iowa

Serving 99 Counties in Iowa

Program Year: July 1, 2025 to June 30, 2026



CHILD CARE
COLLABORATIVE
OF IOWA

Coaching by Counties

Number of counties that have at least one program receiving coaching:

97

Financial Assistance

Technical Assistance visits:

5,289

Annual Goal: **10,000**

Home Coaching Participants

Number of Child Development Homes (CDH) participating in coaching:

52

Total CDH Programs: **1,917**

Participation Goal: **13%**

Technology Grants



\$108,685

out of

\$126,000

has been paid for technology grant incentives.

Center Coaching Participants

Number of Centers participating in coaching:

99

Participation goal: **22%**

Total Center Programs: **1,504**